

Life toward God

KIDS

daily devotions

Jehovah Mauzzi: The Lord my Fortress

Leigh Addington

Scripture

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging... He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." The Lord Almighty is with us; the God of Jacob is our fortress.

Psalm 46:1-3, 10-11

Devotion

Have you ever been scared during a thunderstorm? The wind blows, lightning flashes, and thunder crashes. In a storm, isn't it comforting to know that you are safe in your house? You can touch the walls and feel that the wind doesn't move them. Look at the ceiling and see that the rain doesn't pour inside. As you sit in your bed and see lightning and listen to thunder, you can still feel safe because you are protected inside your house.

Now imagine that you were outside in the storm. That would be much scarier wouldn't it? You would feel the blowing wind and rain, hear the thunder even louder! I bet all of you would much rather be safe and dry inside your house.

Do you know what a fortress is? A fortress is a building that is designed to protect whoever is safely inside. Picture a big castle with tall, thick walls made of the strongest rocks and stones... It would be impossible for the loud and scary thunderstorm to ever knock that castle over. That is a fortress.

God tells us in Psalm 46 that He is our refuge and our fortress. He is saying that no matter what is going on in our lives, He will be a place of safety for anyone who trusts in Him. This does not mean that our lives will always be easy. Sometimes we will get hurt or sick. We will probably feel lonely or sad. But no matter what is happening around you, God loves you. In every storm that life brings, God will be your fortress. He is good. And nothing can separate you from His love.

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Questions

3-5-yr-olds

Do you ever feel scared?
Remember that God is your
fortress - how does this make you
feel?

1st-3rd graders

What is the biggest, strongest
building you've ever seen? How
safe would you feel if you were
inside during a storm? How do
you feel knowing that God is your
fortress?

4th-6th graders

How can you remind yourself
when life is hard or scary that
God is still good and He is a sure
fortress and refuge for those who
believe in Him?

Prayer

Dear God, The Bible says that you are my refuge and my fortress. Even when I am alone, or scared, or sad, you are still God and your goodness towards me never changes. I praise you that nothing can separate me from your love or snatch me from your hand. Help me to remember this when I am tempted to be afraid. I pray this in Jesus' name, Amen.